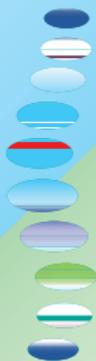




Information material

PREVENTION OF HAND INJURIES



HSEQ

Health, Safety, Environment & Quality

PREVENTION OF HAND INJURIES



Work safely or do not work at all

Work may only be started after Noordgastransport has granted permission. Read your work permit carefully and check that the risk-control measures described in it are indeed in place. Then take the risk-control measures required for the job you are going to undertake.

**STAY ALERT ON THE JOB.
IF IN DOUBT: ASK. DO NOT
START THE JOB OR, IF YOU
HAVE ALREADY STARTED, STOP!**

Since the first successful well on the Dutch continental shelf in 1970, Noordgastransport B.V. has grown into one of the largest transporters of natural gas extracted offshore. The company has ample expertise and experience and is continuously working towards the development of new techniques and improved methods. In doing so, safety always takes priority. Noordgastransport, therefore, wants all its employees, contractors and suppliers to pay the utmost attention to what we mean with 'putting safety first' and expects them to make a conscious contribution toward it.



PREVENTION OF HAND INJURIES



Preventing injuries to your hands

Injuries to the wrists, hands and fingers account for a large proportion of all injuries. To prevent such injuries, you must at all times be aware of the hazards of the work you do. Always wear the gloves prescribed for the job in your work permit.

High-risk situations

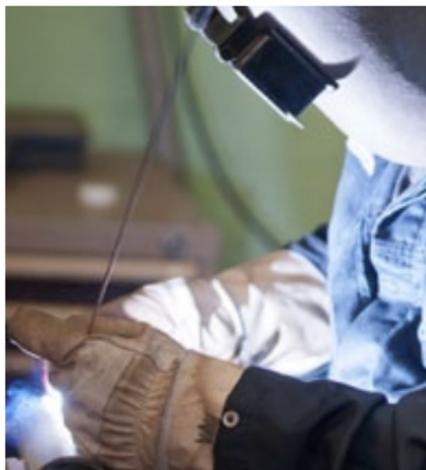
- sharp tools, materials and objects;
- heavy objects and objects that are difficult to handle;
- moving plant- or machinery components;
- contact with hot or cold objects;
- contact with hazardous substances;
- applying force to tools as a result of which they slip suddenly;
- manually manipulating a load suspended from a crane.

Types of hand incidents

- cuts;
- crushes;
- bruises;
- fractures;
- burns.



PREVENTION OF HAND INJURIES



Possible causes of injuries

- use of incorrect or unsuitable tools;
- insufficient space to use the tools prescribed for the job;
- inattention;
- wearing jewellery;
- inadequate assessment of the risks;
- inexperience;
- haste (working against the clock);
- changing working conditions;
- use of incorrect gloves;
- failure to observe the 'hands off' policy when working with cranes.

Preventing injuries

- Ask yourself whether you and your colleagues are sufficiently experienced for the job.
- Always prepare each job very carefully.

Preparations

Assess the risks and hazards in advance. Then convince yourself that the procedure is indeed the correct one for doing the job safely:

- toolbox meeting;
- inspection of workplace;
- discuss work permit and/or TRA.

Before you start

- Do not wear any jewellery or loose clothing.
- Always use the right tools to ensure that your hands, wrists and arms are not subject to a heavier load than necessary.
- Make sure that the tools and materials to be used are in good condition and can be used correctly at the workplace and/or in the work situation.
- Do not start the job if you do not fully understand the situation.
- Switch off the current while repairing and/or cleaning electrical tools.

PREVENTION OF HAND INJURIES

While the job is in progress

- Stop the job in case of unsafe situations and report it to the operator.
- Never rush a job or work against the clock.
- Be alert to any work others may be doing in your immediate vicinity.
- Stop your work if there is a change in the working conditions.
- Never improvise.
- Immediately replace any defective tool.

Personal protective equipment

Gloves that offer protection against all hazards have not yet been invented. Therefore, always choose the correct type of glove for the job you are about to do. Make sure that they fit properly and check them regularly for damage or wear.

If you are handling chemicals, remember that your gloves will have only a limited lifetime. Gloves that become contaminated with chemicals, must be replaced every day.

ATTENTION: WHEN WORKING WITH ROTATING PARTS, THE WEARING OF GLOVES MAY REPRESENT AN ADDITIONAL HAZARD!

If you have any questions or require further information, you can always ask the person in charge.





Noordgastransport BV
Einsteinlaan 10
P.O Box 474
2700 AL Zoetermeer
The Netherlands
Tel. + 31 (0)79 - 368 68 68
Fax + 31 (0)79 - 368 68 60

Noordgastransport BV
Middenweg 2
9981 VG Uithuizen
The Netherlands
Tel. + 31 (0)595 - 44 70 00
Fax + 31 (0)595 - 43 31 53